



date of this plan: September 15th, 2019

■ light grey: program planned without Lama Ole

September 2019			
date	day	📍	teaching schedule
1	Sun		
2	Mon		
3	Tue		
4	Wed		
5	Thu		
6	Fri		
7	Sat		
8	Sun		
9	Mon		
10	Tue		
11	Wed		
12	Thu		
13	Fri		
14	Sat		
15	Sun		
16	Mon		
17	Tue		
18	Wed		
19	Thu		Lido degli Scacchi /Italy
20	Fri		Course
21	Sat		
22	Sun		
23	Mon		
24	Tue		
25	Wed		
26	Thu		
27	Fri		Budapest /Hungary
28	Sat		Course
29	Sun		
30	Mon		

October 2019			
date	day	📍	teaching schedule
1	Tue		
2	Wed		
3	Thu		
4	Fri		
5	Sat		
6	Sun		
7	Mon		
8	Tue		
9	Wed		
10	Thu		
11	Fri		Chicago /USA
12	Sat		Course
13	Sun		
14	Mon		
15	Tue		
16	Wed		
17	Thu		
18	Fri		
19	Sat		
20	Sun		
21	Mon		
22	Tue		
23	Wed		
24	Thu		
25	Fri		
26	Sat		
27	Sun		
28	Mon		
29	Tue		
30	Wed		
31	Thu		Lima /Peru

November 2019			
date	day	📍	teaching schedule
1	Fri		Course
2	Sat		
3	Sun		
4	Mon		
5	Tue		
6	Wed		
7	Thu		
8	Fri		
9	Sat		
10	Sun		
11	Mon		
12	Tue		
13	Wed		
14	Thu		Cancun /Mexico
15	Fri		Course
16	Sat		
17	Sun		
18	Mon		
19	Tue		
20	Wed		
21	Thu		
22	Fri		
23	Sat		
24	Sun		
25	Mon		
26	Tue		
27	Wed		Houston /USA
28	Thu		Thanksgiving Course
29	Fri		
30	Sat		

December 2019			
date	day	📍	teaching schedule
1	Sun		
2	Mon		
3	Tue		
4	Wed		
5	Thu		
6	Fri		
7	Sat		
8	Sun		
9	Mon		
10	Tue		
11	Wed		
12	Thu		KDL /Uruguay
13	Fri		Course
14	Sat		
15	Sun		
16	Mon		
17	Tue		
18	Wed		
19	Thu		
20	Fri		
21	Sat		
22	Sun		
23	Mon		
24	Tue		
25	Wed		
26	Thu		
27	Fri		Hamburg /Germany
28	Sat		New Years Course
29	Sun		
30	Mon		
31	Tue		

January 2020			
date	day	📍	teaching schedule
1	Wed		
2	Thu		
3	Fri		
4	Sat		
5	Sun		
6	Mon		
7	Tue		
8	Wed		
9	Thu		
10	Fri		
11	Sat		
12	Sun		
13	Mon		
14	Tue		
15	Wed		
16	Thu		
17	Fri		
18	Sat		
19	Sun		
20	Mon		
21	Tue		
22	Wed		
23	Thu		
24	Fri		Moscow /Russia
25	Sat		Course
26	Sun		
27	Mon		
28	Tue		
29	Wed		
30	Thu		
31	Fri		

February 2020			
date	day	📍	teaching schedule
1	Sat		
2	Sun		
3	Mon		
4	Tue		
5	Wed		
6	Thu		
7	Fri		Irkutsk /Russia
8	Sat		Course
9	Sun		
10	Mon		
11	Tue		
12	Wed		
13	Thu		
14	Fri		
15	Sat		
16	Sun		
17	Mon		
18	Tue		
19	Wed		
20	Thu		
21	Fri		
22	Sat		Vladivostok /Russia
23	Sun		Course
24	Mon		
25	Tue		
26	Wed		
27	Thu		
28	Fri		
29	Sat		



March 2020			
date	day	🌐	teaching schedule
1	Sun		
2	Mon		
3	Tue		
4	Wed		
5	Thu		
6	Fri		Taiwan
7	Sat		<i>Course</i>
8	Sun		
9	Mon		
10	Tue		
11	Wed		
12	Thu		
13	Fri		
14	Sat		
15	Sun		
16	Mon		
17	Tue		
18	Wed		
19	Thu		New Zealand
20	Fri		<i>Course</i>
21	Sat		
22	Sun		
23	Mon		
24	Tue		
25	Wed		
26	Thu		
27	Fri		
28	Sat		
29	Sun		
30	Mon		
31	Tue		

April 2020			
date	day	🌐	teaching schedule
1	Wed		
2	Thu		
3	Fri		
4	Sat		
5	Sun		
6	Mon		
7	Tue		
8	Wed		Kassel /Germany
9	Thu		<i>Easter Course</i>
10	Fri		Kassel /Germany
11	Sat		<i>Easter Course</i>
12	Sun		
13	Mon		
14	Tue		
15	Wed		
16	Thu		
17	Fri		
18	Sat		
19	Sun		
20	Mon		
21	Tue		
22	Wed		
23	Thu		
24	Fri		Israel
25	Sat		<i>Course</i>
26	Sun		
27	Mon		
28	Tue		
29	Wed		
30	Thu		

May 2020			
date	day	🌐	teaching schedule
1	Fri		
2	Sat		
3	Sun		
4	Mon		
5	Tue		
6	Wed		
7	Thu		Europe Center /Germany
8	Fri		<i>Course</i>
9	Sat		
10	Sun		
11	Mon		
12	Tue		
13	Wed		
14	Thu		
15	Fri		
16	Sat		Karma Guen /Spain
17	Sun		<i>Course</i>
18	Mon		
19	Tue		
20	Wed		
21	Thu		Karma Guen /Spain
22	Fri		<i>Course</i>
23	Sat		
24	Sun		Benalmadena /Spain
25	Mon		
26	Tue		
27	Wed		
28	Thu		
29	Fri		
30	Sat		
31	Sun		

June 2020			
date	day	🌐	teaching schedule
1	Mon		
2	Tue		
3	Wed		
4	Thu		
5	Fri		Norway
6	Sat		<i>Course</i>
7	Sun		
8	Mon		
9	Tue		
10	Wed		
11	Thu		
12	Fri		
13	Sat		
14	Sun		
15	Mon		
16	Tue		
17	Wed		
18	Thu		
19	Fri		
20	Sat		
21	Sun		
22	Mon		
23	Tue		
24	Wed		
25	Thu		Kaluga /Russia
26	Fri		<i>Course</i>
27	Sat		
28	Sun		
29	Mon		
30	Tue		

July 2020			
date	day	🌐	teaching schedule
1	Wed		
2	Thu		
3	Fri		
4	Sat		
5	Sun		
6	Mon		
7	Tue		
8	Wed		
9	Thu		Kuchary /Poland
10	Fri		<i>Course</i>
11	Sat		
12	Sun		
13	Mon		
14	Tue		
15	Wed		
16	Thu		
17	Fri		
18	Sat		
19	Sun		
20	Mon		
21	Tue		
22	Wed		
23	Thu		
24	Fri		
25	Sat		
26	Sun		
27	Mon		Europe Center /Germany
28	Tue		<i>Summer Course</i>
29	Wed		
30	Thu		
31	Fri		

August 2020			
date	day	🌐	teaching schedule
1	Sat		<i>Summer Course</i>
2	Sun		
3	Mon		
4	Tue		
5	Wed		
6	Thu		
7	Fri		
8	Sat		
9	Sun		
10	Mon		
11	Tue		
12	Wed		
13	Thu		
14	Fri		
15	Sat		
16	Sun		
17	Mon		
18	Tue		
19	Wed		
20	Thu		
21	Fri		
22	Sat		
23	Sun		
24	Mon		
25	Tue		
26	Wed		
27	Thu		
28	Fri		
29	Sat		
30	Sun		
31	Mon		